

HURRICANE REFERENCE GUIDE

Basic Family Emergency Kits

You'll always want to make sure all items are sealed in airtight plastic bags or containers. They should also be stored together and in an easy-to-find place in the event of an emergency. Make sure everyone in your family knows exactly where to find the kit. The following items are recommended for emergency kits:

- Food - Always have at least a 3–7-day supply of non-perishable food, such as canned and boxed goods.
- Water - at least a gallon of water per day per person for a minimum of 3-7 days. Additional water in bathtub for toilets and washing.
- Keep a manual can openers with your food supply.
- First aid kit - band-aids, rubbing alcohol, antibiotic ointment, cold compresses, and pain medication.
- Hand crank or battery - powered radio to receive news alerts
- Flashlights with extra batteries
- Extra chargers for all cell phones and a backup battery that stays fully charged
- Whistle to signal with if you need help
- Multi-purpose tool, like a Swiss Army knife

Additional Supplies

- Prescription medicines
- Over-the-counter meds: ibuprofen, acetaminophen, antacids, aspirin
- Extra pet supplies
- Contact lens solution and eyeglasses
- Baby formula and diapers
- Waterproof matches
- Cash
- Gas for generator & car
- Feminine hygiene products
- Important documents, such as identification cards, health and home insurance cards, bank account information, social security cards, Proof of Covid Vaccine cards and birth certificates
- Blankets and pillows
- Extra clothing for every member of the family